

Helping Parents Understand Emotions & Behaviour in Children with Complex Needs

Clinical Psychologists deliver a 2-Part 90-minute workshops to help parents understand their child's emotions, sensory needs and behaviour. Helping parents understand how to manage and help their child with emotions and behaviour is the best strategy for preventing difficulties in the future. These workshops focus specifically on the needs of children who display social difficulties, attention & concentration difficulties and/or attachment difficulties. We explore some practical skills and approaches, to enable you to help your child manage their emotions and behaviour.

The first session parents will be told about activities to practice at home with your child and handouts will be provided. Then session 2 will be used to talk about how these activities helped and / or, iron out any difficulties you might have had putting them into place.

Please arrive 5-10 minutes early to enjoy the refreshments available.

Dates: Various dates and times throughout September 2018 – April 2019 (see our Facebook page or Eventbrite for specific dates and times).

Venue: Various venues in Rochdale, Heywood and Middleton.

To book: Eventbrite.co.uk – search for 'Nurture Psychology Service' and select a ticket to book on these workshops.

Cost: FREE (Funded by NHS Heywood, Middleton & Rochdale CCG, therefore this workshop is intended for people living in these areas)