

A Whole School Approach: Attachment, Developmental Trauma & Well-Being

Attachment and developmental trauma includes a significant disruption or loss in an attachment to a child's primary caregiver, maltreatment and family violence. These experiences impair a child's ability to feel safe, functioning cognitively and emotionally, and therefore impacts on their capacity to learn and relate to others. The educational attainments of children with early life trauma are amongst the lowest of all vulnerable groups, whilst their risk of future mental health difficulties is amongst the highest. Nurture-Psychology Service Ltd strives to change these statistics, using "A Whole School Approach". Our approach aims to **benefit the 'whole school'**, including all children with any emotional, social or behavioural difficulties.

Support for This Approach

This type of training package is supported by [NICE Guidelines 2015](#). It is recommended in Initial Teaching Training, and it is designed to impact positively in the areas of motivation and self-regulation, which are identified in the [EEF Teaching & Learning Toolkit](#) (Standard 5, 2016). Our training is supported by Virtual Head Teachers for Looked After Children and it is an acknowledged way to effectively use [PEP money](#), as identified by the [Pupil Premium Toolkit](#). The impact of this approach is measured by Nurture Psychology Service at an individual and systemic level.

The Training Package

Schools have told us that to fully embed learning, training needs to be delivered and then supported over time. Therefore, initial consultation with the school takes place, so the training can be tailored in line with the individual school contexts and the needs of the staff and young people. We provide a training package for all school staff that runs throughout the school year. This includes: **4 x 3 hour whole staff training sessions** and **consultation** with a Specialist Clinical Psychologists and the identified lead emotional well-being team within the school, **each term**. The consultation sessions are used to embed the knowledge from the training into school policy and practice – to include non-shaming, non-blaming consequences, and consequences that serve an emotional function to prevent future difficulties in the long term.



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The school will have access to **relevant resources** after the training and **telephone consultation** session each term for times of crisis or for support.

Testimonials

“Yesterday’s training was fantastic and the verbal feedback from a wide range of staff has been overwhelmingly positive. You were AMAZING. They are all really hooked in”. (Kingsway Park High School: Head Teacher)

“Thanks so much for the training today. It was excellent throughout and pitched perfectly for the range of staff awareness. I had lots of positive comments throughout the day and I felt staff were definitely receptive to the messages. I would highly recommend to any school”. (Meanwood Primary Head Teacher)

“Members of staff are now advocates for children living with attachment issues. They have a completely different mindset. Staff react more calmly and with understanding. You and Louise have changed the way we support children with challenging behaviour” (St Mary’s Hawkshaw: Head Teacher)

Cost

Each Training Session is £690 for a whole school and consultation is £165, which can be purchased separately. However, when bought as the full **recommended** package, in line with **evidence** of effectiveness and in line with **our goals** as a service, we can provide this at **£2,900** (Travel/Mileage costs not included).

Please visit our website for more information www.nurture-psychology.co.uk, or contact us to arrange for a member of the team to visit your school to discuss this package, or other packages we offer

“Nurture-Psychology Service Ltd is a not-for-profit Social Enterprise led by Clinical Psychologists, who use their expert knowledge, empowering people to improve the mental health of children and their families.”